

June 2009



La Costa Moms



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President's Letter

"It is the month of June, The month of leaves and roses, When pleasant sights salute the eyes And pleasant scents the noses."

Author: Nathaniel Parker Willis

June begins our summer months! And with those summer months come new La Costa Moms events.

In June our popular playgroups move to the beach and to the pool. We are adding a new home playgroup to the schedule as well. For each summer month we will also have a fieldtrip planned. Our June field trip will be to the new Children's Garden at Quail Botanical Gardens on the 13th.

In addition to these changes, we begin some fun outdoor mom's events that include biking and hiking.

Please look for all of these changes and additions within the newsletter and on the calendar.



Inside This Edition:

Page Two

Movie Night Out
Field Trip
The Great Outdoors
Encinitas Wine Festival

Page Three

June Playgroup information
Budget Ideas for Busy Moms

Page Four

June Calendar

Page Five

June Birthdays
Newest Members
Our Advertisers

Board Meetings

Monday, June 1st @ 7:30pm at the Starbucks located in the Carlsbad Premium Outlets. It's located at the main entrance across from the Holiday Inn, off Palomar Airport Road.

Come join us and have some fun shopping before or after the meeting! Everyone is welcome to attend.

Please email Anette Dale at akdale@pacbell.net if you'll be there.

Mom's Movie Night Out

Need a girls' night out? Meet us for Movie Night Tuesday, June 9th at 7:00 p.m. This month we'll be meeting at La Costa Roasting Company near the UltraStar Theaters in La Costa (off Dove). Movies and showtimes will be e-mailed to the group a few days prior so we can decide what to see. Mark your calendars and plan to join us!

If you have any questions, e-mail Beth Frankenberg, movie night coordinator, at frankenjed@aol.com .

Hope to see you there!

Taste of Dream Dinners

Here is a great girls' night idea. Dream Dinners in Carlsbad (the Forum) and Solana Beach are hosting two special event nights. Taste their June meals, enjoy wine tasting, and be part of drawings every 30 minutes. If it's your first time you can receive a free 3-serving meal to take home and cook! Sign up for meals either night and receive 5% off your order and \$10 will be donated to the YMCA.

Dates for this event: Monday June 1st 7:30 - 8:30 at the Carlsbad Forum (above Bed, Bath and Beyond, 760-436-3737) and Tuesday June 2nd from 7:00 - 8:00 in Solana Beach, 230 Santa Fe Dr. 858-350-4546.

Field Trip

On Tuesday, June 16th at 10:00 a.m. we will check out the new Children's Garden at the Quail Botanical Gardens in Encinitas. We will meet at the entrance to the Children's Garden at 10:00.

Visit qbgardens.org for information about the garden and directions. For other questions please email Anette Dale at akdale@pacbell.net.

The Great Outdoors!

The first monthly La Costa Moms hike was a great success and a lot of fun! We plan to add another outdoor adventure in addition to our monthly hikes. For June we are going to add a bike ride in an area with great trails away from crazy California drivers. This is going to be an easy ride to verify that you never forget how to ride a bike. Do not be intimidated to join us. The only must have's are a bike and a helmet. I will be riding a hybrid mountain bike but bring whatever you have.

Please mark your June calendars for our morning bike ride in Mission Bay Park on Sunday, June 7th and a morning hike in Torrey Pines on Saturday, June 20th. An evite will be sent out in June to sign up. We plan to meet and carpool to these events so remember to RSVP so we have enough vehicles lined up.

Have a great month!
Ann Hepler



Last month's first hike at the lagoon was great fun and good exercise!

Encinitas Wine Festival

Presented by the Rotary Club of Encinitas to benefit local charities

Saturday, June 6, 5 – 8 pm

Quail Botanical Gardens is a beneficiary of this event, so we invite you to join us for the Rotary's sixth annual celebration of international wines, local microbrews, and cuisine. If you buy a \$125 ticket and select Quail Botanical Gardens as your charity of choice, QBG will receive the entire amount of your ticket price. We also benefit from your purchase of a \$75 ticket.

Lastly, you may purchase raffle tickets to further benefit the Gardens. To purchase raffle tickets, please contact Cara at 760/436-3036 x215.

This year's event features five themed raffle packages with values of \$500 or more: Restaurants, Fitness, Children, Wine, and Garden (featuring donations from Weidner's Garden, Specimen House, a commemorative tile in the Hamilton Children's Garden and more). Tickets are \$20 each or 3 for \$50. You need not be present to win.

Please call Cara today at 760/436-3036 x215 to purchase your tickets before they sell out!

Tuesday 3:30 Playgroup (all ages)

This month's host: Desiree Hamilton
Location: Desiree Hamilton's pool
(email pchef_desiree@yahoo.com for directions)

*Note: there is be no playgroup on June 16th due to the planned fieldtrip.

Friday 11:00 Playgroup (all ages)

The Friday playgroup will be moving from the library to the beach for the summer! Moonlight Beach seems to be a favorite since the bathrooms are nearby, the parking lot is adequate, and the play structure is fun. We'll meet at 11:00 each Friday in June at the play area and move to the beach when the gang is all together.

This month's location: Moonlight Beach Friday at 11:00

This month's hosts:
June 5 Shelly Burleson
June 12 Dawn Bertozzi
June 19 Anette Dale
June 26 Alex McCurdy

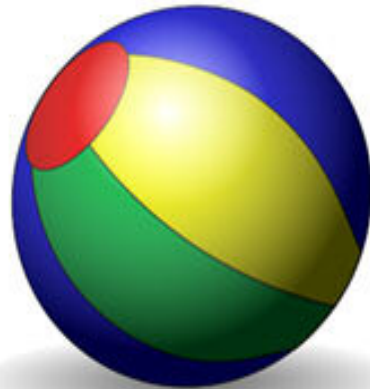
4th Monday of Month Playgroup (all ages)

The fourth Monday of each month we will meet at the Buena Vista Audubon Nature Center in Oceanside for Preschool Nature Storytime. They'll have lots of fun activities, songs, and crafts for the children to enjoy. Dawn Bertozzi will be your contact there. Please come join her for a wonderful community/La Costa Moms play date!

Select Thursdays 3:00- 5:00

Back Yard Playgroup

When: Thursday, June 4th and 18th
Where: Backyard playdate at Ann Hepler's House (email her for directions)
What to bring: Your own snack and beverages, possibly a change of dry clothes to go home in.



Budgeting Tips for Busy Moms

Regal Cinemas Free Movies for Kids!

Selected Regal theatres are hosting a Free Family Film Festival, a fun-filled nine weeks of FREE movies for kids and parents. Since 1991, Regal has provided this service to the community. Selected G & PG movies start at 10:00 a.m. each Tuesday and Wednesday during the festival. First-come, first-served seating is limited to theatre capacity.

The Free Family Film Festival is safe, lots of fun and a great way for kids to spend a week-day morning in the summer. See the following link for movie listings and locations (note: San Marcos is our closest one): www.regmovies.com/nowshowing/familyfilm-festivalschedule.aspx?state=CA



Sun.	Mon.	Tues.	Weds.	Thurs.	Fri.	Sat.
	1	2	3	4	5	6
	Board Meeting - 7:30 pm	Poolside Playgroup 3:30		Backyard Playgroup 3:00-5:00	Playgroup 11:00 am - Moonlight Beach, Encinitas	
7	8	9	10	11	12	13
Mission Bay Park Bike Ride		Poolside Playgroup 3:30 Movie Night - 7:00 pm			Playgroup 11:00 am - Moonlight Beach, Encinitas	
14	15	16	17	18	19	20
Flag Day 		Field Trip - Quail Botanical Children's Gardens - 10:00		Backyard Playgroup 3:00-5:00	Playgroup 11:00 am - Moonlight Beach, Encinitas	Torrey Pines Morning Hike
21	22	23	24	25	26	27
First day of Summer Father's Day 	Audubon Playgroup	Poolside Playgroup 3:30			Playgroup 11:00 am - Moonlight Beach, Encinitas	
28	29	30				
		Poolside Playgroup 3:30				

La Costa Kid's Birthdays

Colton English 6/5/2008

La Costa Mom's Birthdays

No birthdays this month

La Costa Mom's Newest Members

Laurie Heronemus, husband Dave, and son, Pierce (22 months)

Anita Bigby, husband Jared, and daughter, Alexis (2) - (plus due with son in September)

Heidi Colwell, husband Justin, and sons, Deacon (4) and Brody (2)

Myra Levitzke, husband Dale, and daughter Teagan (21 months)

Advertisements

Advertisers: If you'd like to advertise in the Newsletter, just send the advertising fee (\$60 for 6 months and \$100 for 12 months) made out to "La Costa Mom's" to the following:

Ann Hepler (LCM Treasurer), 6246 Topiary Street, Carlsbad, CA 92009

Please include your name, number, email and address.

Send Karen Stoney (kstoney@roadrunner.com) a jpg. format of your ad. Sizes: business card sized- either horizontal or vertical, full color.

You can also send in an article about your business for \$20 per article, which will run for one month.



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