



# La Costa Moms

November 2010

Serving North County



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## President's Letter

### Warm Greetings, Members!-

As with every month, I am excited and enthused by impending holiday activities. November is no exception. As someone who enjoys cooking and entertaining, Thanksgiving brings a much-welcomed opportunity to spend time with family and friends in a uniquely festive fashion. Planning holiday meals brings me special kind of excitement with successful execution. It also gives me the opportunity to reflect on the year past and be grateful for the friendship, support and encouragement I receive from fellow LCM Moms. I am thankful to be able to live in such a wonderful part of the world and be able to raise my children in a healthy and loving environment. We have such a great group of families, it's a privilege to lead such a dynamic group. I'm looking forward to heading up another year of fun activities and events. La Costa Moms is successful because of member participation, whether that means attending regular playgroups, our many MNO events or just responding to emails asking for input, it's all valuable and helps to energize our club. Turn-over amongst the group is expected, as some families grow out of "playgroup" status, others renew to remain active and reap the many social benefits of being in our group while others join for the first time, new to mommy-hood or to the neighborhood. Wherever your family falls

on the spectrum, I hope that each of you find (or found) what you are looking for in our group and wish you all only the best for this upcoming Holiday Season.

- Carey



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## Wednesday Coastal Walk



This is a weekly morning walk - come with OR without your kids! Meet **every Wednesday at 9:30am** at Glenn Park in Cardiff for an hour long brisk walk up the coast (to Swami's) and back.

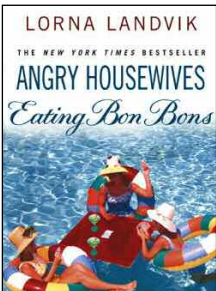
## Holiday Party Committee Meeting



The Holiday's are coming!!! On November 15th at 6:30pm, let's get together to plan an **AWESOME**

holiday party this year! Please see meetup for more information.

## Book Club



This month's book is *Angry Housewife's Eating Bonbons* by Lorna Landvik. Beverages and dessert will be provided by the host, but please

bring an appetizer. Please see meetup for more information.

## Cooking Club



See meetup for more information and come hungry!

This month's theme is **THANKSGIVING** (naturally). Do you have a tried-and-true recipe to share? Want to try something new out **BEFORE** the big day? Here's your chance on November 5th! It can be any part of the meal- a special drink?, appetizer, salad, side dish or dessert.

If the turkey itself is your pride and joy-- please bring the **RECIPE ONLY**. Please

## New Member Welcome Party



New and Old Members Welcome-- Please join us at Ilyse's house for our Fall New Member Welcome Party! This is an LCM HOSTED event. All food and beverages and prizes will be supplied by the club. This is a great opportunity to meet many other members of the group and have a un evening out! Please see meetup for more information.



## Weekly Playgroup Schedule

### Mon

Every Monday  
9am & 10 am  
Location TBD

### Wed

Every Monday  
10 am  
Location TBD

### Thurs

Every Thursday  
10 am  
Location TBD

### Fri

Babies Only  
Time and  
Location TBD

Every Thursday  
3:30 pm  
Location TBD



## 2011 Dues



Pay your 2011 dues NOW to be entered in a special raffle drawing being held at the Holiday Party! (need not be present to win)

All members who pay their dues (either by PayPal or check) before or AT the the Holiday Party on Dec. 9th will be entered in a drawing for great prizes! 2011 dues will remain the same for the year- \$25 for a whole year of fun and friendship!



## Something to be Thankful For Pop Quiz

(This is not an actual test. Just read through the questions to get the point.)

### Take this Quiz:

1. Name the five wealthiest people in the world.
2. Name the last five Heisman Trophy winners.
3. Name the last three winners of the Miss America contest.
4. Name ten people who have the Nobel or Pulitzer Prize.
5. Name the last half dozen Academy Award winners for Best Actress.
6. Name the last decade's worth of World Series winners.

### How did you do?

### Now take the second part of the quiz:

1. List a few teachers who aided you in your journey through school.
2. Name three friends who have helped you through a difficult time.
3. Name five people who have taught you something worthwhile.
4. Think of a few people who have made you feel appreciated and special.
5. Think of five people you enjoy spending time with.
6. Name half a dozen people whose stories have inspired you in some way.

### Was that easier?

The point is, none of us remember the headliners of yesterday. These are no second-rate achievers. They are the best in their fields. Applause dies. Awards tarnish. Achievements are forgotten. Accolades and certificates are buried with their owners.

**The people who make a difference in your life are not the ones with the most credentials, the most money, or the most awards. They are the ones that care.**



# La Costa Kid's Birthdays

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Ashley Burleson	11/17/08
Trent Sowers	11/21/07
Abby Spaulding	11/28/05

# La Costa Mom's Birthdays

.....

Jennifer Henley	November 1st
Klara Nyari	November 13th
Lisa Garramone Mark	November 17th
Brenna Battin	November 27th
Gretchen Ehmke	November 30th

# New Members Welcome!!!

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Soula  
Krongtong Na-Songkla (krong)  
Emily Schultz  
Dominique Bolton  
Kate Clay  
Carla Fisher  
Jenny Gokhale  
Monica Demcho  
Kate  
Saskia MacLeod  
Honor Alice Kriste

# Congratulations Maria & Family!

.....

Grant Michael Clements was born on October 10th at 11:06am. He weighed 9 lbs, 7 oz and was 21.5 inches long. Congratulations Maria!!!!



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## Advertisements

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Advertisers : If you'd like to advertise in the Newsletter, send the advertising fee(\$60 for 6 months and \$100 for 12 months) made to "La Costa Mom's" at the following:

Ann Hepler (LCM Treasurer), 6246 Topiary Street, Carlsbad, CA 92009. Please include your name, number, email and address. Send Shelly Burleson (shelly@myinhouesdesigner.com) a jpg format of your ad. Sizes: business card sized- either horizontal or vertical, full color.

You can also send in an article about your business for \$20 per article, which will run for one month.